

## Commitment Letter

**Dear Player and Parent/Guardian:**

***Congratulations!*** East Forsyth Feeder Football is pleased to extend this offer to your son and your family to participate on the 2026 Team. We look forward to continue on our 2022-2025 successes, and having your family as part of the team is where we start! Our team would like you to formally acknowledge your commitment to play and participate with the team for the 2026 season. As such, please read and sign this Commitment Letter.

### **Player and Parent Commitment Confirmation**

Recognizing that football is a demanding sport, and that playing football requires commitment and dedication, we hereby choose to accept a spot on this Team and understand that we are expected to make football a priority sport for the fall. We understand and expect our coaches to provide a very challenging and fun environment to learn and love the game of football. Hard work and commitment are qualities needed to excel in any sport. By agreeing to accept this offer, players and parents are promising to give their best efforts to participate in every event and practice that the Team schedules. That promise will greatly increase a player's chance to become the best player possible and to assist the Team in reaching our goals.

We also acknowledge that the football program is a volunteer-run organization. The organization relies on the help of parent volunteers to serve in critical roles. Any and all support is vital to the success of the Team and the development of the players on it.

**In addition, we have read and agree by the East Forsyth Feeder Football Parent & Coach Expectations and Team Goals on pages 2 - 5 of this document.**

**We hereby acknowledge that we understand and agree to the terms and obligations outlined in this Letter.**

**Signatures:**

\_\_\_\_\_ Parent/Guardian (Print)

\_\_\_\_\_ Parent/Guardian (Sign)

\_\_\_\_\_ Date

\_\_\_\_\_ Parent/Guardian (Print)

\_\_\_\_\_ Parent/Guardian (Sign)

\_\_\_\_\_ Date

## **PARENT EXPECTATIONS**

The parents are an integral part of the EFHS Feeder Football support system. It is important that parents observe the guidelines established by EFHS Feeder Football.

As a parent of a Football player on the EFHS Feeder Football Team, I understand, accept, and agree to the following:

- I understand that game time is not guaranteed and game time is at the full discretion of the Coaching Staff.
- I understand that positions, play calling, schemes and ball carries are at the full discretion of the Coaching Staff and decisions are made in the best interest of OUR TEAM.
- I understand the Coaching Staff will always put sportsmanship and integrity first. With that said, winning each game is a Team Goal.
- I acknowledge that I am a representative of EFHS Feeder Football both in games at our home field and away.
- I will have appropriate conduct before, during and after all games, practice and team events.
- I will refrain from coaching from the sidelines.
- I will support the PRIDE & ACCOUNTABILITY messaging that the Coaching Staff is attempting to foster.
  - This includes my son being responsible for his equipment
  - This includes having the players be responsible for having their own drinks for practices and games
  - This includes players, coaches, and staff only on the field
- I will commit to getting my son to practices and games on time. If I need help...I will ask.
- I acknowledge that my child has a commitment to this team. While there are things that take priority over football I will always inform the coach if my child will miss practices/ games so as not to have an impact on the entire team.
- I will encourage my son in a positive way. I will not speak negatively about the Coaches, Teammates or Officials as this can negatively influence my son's motivation and overall experience.
- I acknowledge that it is the Coach's responsibility to give corrections and constructive criticism regarding the game of football to my son.

- I will volunteer and help where needed to make our season a success. This includes 3-4 volunteers shifts at minimum (about 1 hour each) during regular season home games throughout the season. If I am unable to volunteer, I will use the “Buy Out Option” so that the team may pay someone to take my shifts.
- We will volunteer during Jamboree and/or Playoff Games as-needed (not included in Buy Out Option).
- I understand and agree not to use Social Media to discuss any issues or concerns within Our Team or with our opponents.
- 24 HOUR RULE
  - If I have a difference in opinion between myself and any of the Coaches regarding playing time, positions, or a situation in a game or practice, I agree to wait 24 Hours before approaching the coaching staff with my issue.
  - I will speak directly to a Coach should I have an issue to discuss. I will not email or text the Coaching staff with an issue - with the exception to schedule time to talk live about any issue.
  - Before approaching a Coach, I will make sure to watch and evaluate my son’s performance on the field, at practices and games and to be honest with myself.

**MY SIGNATURE ON PAGE 1 REFLECTS THAT I HAVE READ, UNDERSTAND and ACCEPT THESE TEAM EXPECTATIONS AND RULES.**

## COACHES EXPECTATIONS

As a Coach of the EFHS Feeder Football Team I accept and agree to the following:

- I will do my best to provide a highly enjoyable and educational environment for all boys to learn and improve with the game of football.
- I will do my best to ensure each player learns the various facets of the game of in practice, games, scrimmages, etc.
- I will do my best to make decisions that are in the best of interest of OUR Football team at all times.
- I will make myself available to any parent for discussions concerning their son either in person or over the phone.
- I will operate in a very transparent and highly informative and communicative fashion in regard to anything pertaining to OUR Team.
- I will COACH our boys to perform in a positive manner.
- I acknowledge that I am a representative of EFHS Feeder Football both in games at our home field and away.
- I will have appropriate conduct before, during and after all games, practice and team events.
- I will work to assist the boys in the PRIDE & ACCOUNTABILITY theme of our season:
  - If a player needs any assistance, I will help when asked.
  - I will do my best to be at all games, practices, etc. on time and inform the parents and coaching staff when there is an unavoidable conflict.
  - I understand that negative comments have a negative impact on the team. I will not speak negatively about Coaches, Players or Officials.
  - I acknowledge that it is the Coaching staff's responsibility to Coach all players and will take no offense in regard to constructive criticism directed to my son.
  - I will make no decisions based on personal motivation- all decisions are in the best interest of the players and OUR Team.
  - I will volunteer and help where needed to make our season a success.

**MY SIGNATURE ON PAGE 1 REFLECTS THAT I HAVE READ, UNDERSTAND and ACCEPT THESE TEAM EXPECTATIONS AND RULES.**

**TEAM EXPECTATIONS AND GOALS**

- I understand our Team will strive to be a highly competitive Football Team and to earn the opportunity to play in the GMSAA Playoffs with championship as the ultimate goal.
- I understand we are currently members of the GMSAA. If there are any changes to League or opponents schedule, parents will be notified at the appropriate time. Any changes will be made for the best interest of our Team and development of our Players.
- I understand that signing and returning this Offer Letter in a prompt manner is important to the Team and securing a roster spot.

We project to carry 22-23 players. This number is a projection and could change based on any roster changes.

Should we reach 30 players we will look to also play a ‘B Team Schedule’

I understand that my acceptance and signature on this document will lock in a roster spot for my son on the 2026 EFHS Feeder Football Team.

I understand and agree to have this document signed in order for my child’s registration to be complete.

**MY SIGNATURE ON PAGE 1 REFLECTS THAT I HAVE READ, UNDERSTAND and ACCEPT THESE TEAM EXPECTATIONS AND RULES.**



For more information and to register for the 2026 Season, please scan the QR code to visit [www.EFHSFeederFootball.com](http://www.EFHSFeederFootball.com)

You may sign this Commitment Form digitally during the registration process after you’ve reviewed it in detail.